

Dr Robyn Goodwin

Clinical Psychologist | Registration Number PSY0001845825

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Overview of Skills and Experience

I am a Clinical Psychologist with broad experience working in the areas of mental health, interpersonal relationships, and families. I have specialist experience and interest in post-separation parenting, family violence, and child sex offending.

I have strong analytical, assessment, and report-writing skills. I developed these during my early career in academia, where I conducted research into emotional regulation and interpersonal dynamics in the field of Organisational Behaviour. In 2012, I began co-facilitating a community-based treatment program for men who have committed child sex offences at the Pastoral Counselling Institute. Additionally, whilst supporting their wives and partners, I gained an appreciation and empathy for the complex and lasting implications of violence and abuse within family systems. As my interest in family dynamics deepened, I became accredited and worked as a family dispute resolution practitioner (FDRP) at the Fairfield Family Relationship Centre. Here I honed my skills in identifying and developing practical parenting agreements with separated parents from extremely diverse backgrounds. Since then, I have worked across a number of government, non-government (charitable), and private settings, while attaining my Clinical Psychology endorsement. In 2016, I was appointed as the Senior Clinical Supervisor at Uniting Counselling and Mediation Sydney (formerly Unifam). I worked in this role for five years and gained significant experience facilitating parenting orders programs with separated families in high conflict. Specifically, my main experience included work as a child consultant for FDR, counselling with separated parents, supervision of clinical staff, and providing clinical leadership for therapeutic programs in the areas of child safety, family violence, and interpersonal trauma. More recently, I worked in the NSW Health Sexual Assault and Domestic Violence Counselling service, located at RPA Hospital, before returning to private practice with LSC Psychology.

Employment History

2021–present	LSC Psychology – <i>Associate</i>
2021	NSW Health Sexual Assault & Domestic Violence Service – <i>Clinical Psychologist</i>
2016–2021	Uniting Counselling and Mediation Sydney – <i>Senior Clinical Supervisor</i>
2016–2018	LSC Psychology – <i>Associate</i>
2012–2016	Pastoral Counselling Institute – <i>Treatment Co-facilitator, Clinical Services Manager</i>
2016	Centre for Emotional Health Clinic – <i>Clinician</i>
2015	NSW Health St George Child & Adolescent Mental Health Service – <i>Intern Psychologist</i>
2013–2014	Fairfield Family Relationship Centre – <i>Family Dispute Resolution Practitioner</i>
2012–2013	University of Western Australia – <i>Assistant Professor (Research)</i>

Qualifications

- Master of Clinical Psychology – *Macquarie University, 2015*
- Doctor of Philosophy (Organisational Behaviour) – *The University of New South Wales, 2011*
- Vocational Graduate Diploma (Family Dispute Resolution) – *Institute of Family Practice, 2014*
- Bachelor of Psychology (Honours Class 1) – *The University of Sydney, 2007*
- Psychology Board Accredited Supervisor
- Member Australian Psychological Society